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Physical Education, Sport and Health at St. Clare's Catholic Primary School

At St. Clare's, we recognise the importance of providing a high quality physical education programme within which pupils develop physical competence and confidence and are given opportunities to be physically educated and become physically literate. Within our physical education provision, we also aim to promote personal development, health and well-being, enjoyment, success and achievement of all pupils across the whole curriculum and beyond.

We are committed to delivering quality PE for every child as well as providing a wide range of enrichment opportunities before and after school.

School Sports Grant

The Government is allocating a designated portion of funding to be invested in school sport. This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children.

The aim of this funding is to continue the sporting legacy from the London 2012 Olympic Games with schools being given the freedom to choose how to spend the money in order to improve PE and sports provision in their school.

Full details of the Grant can be accessed through the Department for Education website:
<https://www.education.gov.uk/schools/adminandfinance/financialmanagement/primary>.

At St. Clare's, we have chosen to spend the money on ensuring that all children benefit regardless of sporting ability; that the most able children are given the opportunity to compete in advanced tournaments; and that staff have access to training opportunities and continued professional development in order to be able to deliver outstanding teaching in all areas of PE.

At St. Clare's we have decided to use this money to:

- Promote physical and mental wellbeing.
- Encourage children to have positive outlook on physical activity and promote a healthy lifestyle.
- Give all children the opportunity to represent the school in their chosen sport.
- Support the Preston School Sports Partnership to continue our excellent partnership with this organisation which provides expert coaching links, staff professional development opportunities and a wide variety of sporting competitions for all age groups.

- Audit staff training requirements and procure quality-assured professional training for staff to raise their confidence and competence in teaching PE and sport.
- Develop curriculum leadership and staff through specialist CPD.
- To develop opportunities for non-sporting extra-curricular clubs.
- To develop and extend extra-curricular opportunities for KS1.
- To develop and extend extra-curricular opportunities for KS2.
- Top-up swimming sessions for these children to attend an intensive week of swimming lessons.
- Working with The Football Development Programme to develop KS1 and KS2 knowledge about healthy eating through football.
- Review school sports equipment and update where necessary.

Impact Measures:

- An increase in the number of pupils taking part in extra-curricular sporting and non-sporting clubs.
- All children to take part in intra school competitive sports activities.
- Maintain high level of opportunity for pupils to be involved in competitive school sports.
- The greater awareness amongst pupils about the dangers of obesity, smoking and other such activities that undermine pupils' health.
- Quality of overall provision to improve so that all teaching of Physical Education is working towards being 'Outstanding'.
- Achieve the Gold Level School Games Mark.

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>School Games Gold Mark 2017/18 School Games Gold Mark 2018/19 School Games Mark 2019/20 – Covid-19 Virtual School Games Mark 2020/21 – Covid-19 Preston School Games ‘Best Primary School’ nomination 2019 Increased CPD and staff confidence in teaching different areas of the PE curriculum. Significant increase in inclusive, competitive, team and individual events over the past 4 years – Due to restrictions, inter-school competitive sports has been restricted in 2020/21. Increased % of children accessing a diverse and wide range of opportunities; from archery to judo to yoga.</p>	<p>Focused, accurate and tracked assessment procedures through the new Lancashire tracking system/app. Continue to develop a more inclusive and diverse approach in order to encourage every child, no matter of ability, to participate in a number of intra and inter sporting events. Increase the number of girls participating in sports activities within school and throughout the Preston school partnership events. Provide opportunities to take part in mental wellness activities for all children.</p>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</p>	95%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	95%
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	95%
<p>Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	Yes/No

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2021/22		Total fund allocated: £28,000		Date Updated:01/09/20	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 56%	
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
Each child with have the opportunity to participate in at least 30 minutes physical activity in each day. These activities will be chosen by the children for the children via the sports council and consultation with the different classes – all children to have access to sporting/non-sporting activities each day.	The school yard is currently split into zones, providing a number of different opportunities for children to participate in a variety of activities – funding will be made available for any additional resources and updated equipment.	£500		Ensure we are purchasing quality and adaptable equipment in order to ensure longevity and provision is varied. Train all lunch staff on how to set up, store and operate all equipment – rule book to be provided for all sports.	
A number of different extra-curricular opportunities will be available to all children at St Clare’s – increased % of children participating in extra-curricular activities each day.	Extra-curricular opportunities via teacher led and external providers. Activities to be diverse and varied in order to encourage as many children as possible to participate.	Judo Education: Parent funded. Myerscough FC: Parent Funded Training TA and additional hours: £350		Continue good relationships with external providers and also source quality external providers through recommendations from other schools. School to train sports TA to deliver clubs with a view of becoming self-sufficient once PE funding expires.	
Investment into school all weather pitch so that children are able to play outdoor sports all year round.	Liaise with regarding further funding (PTA, school funds) and obtain quotes. UPDATE: Quotes now obtained, building to commence early 2022.	£15,000 funding contribution – school funds to pay the remainder.			

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				4%
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Increase the profile of PE and school sports throughout the school, with staff, children and parents, promoting and ensuring all parties know what sports and activities are on offer, in, after and out of school.	<p>Friday whole school assemblies – sports overview each week from the sports council. Each week, house point tally to be reviewed and sports points to be added.</p> <p>Parental links via school newsletter and website – promoting school sports and external club links.</p> <p>PE sports board regularly updated and be clearly visible in the hall.</p> <p>Liaise with staff at the beginning of each term in regards to upcoming sports fixtures/events and organise chaperoning staff where necessary.</p>	<p>n/a</p> <p>n/a</p> <p>n/a</p> <p>£1000 for potential additional staffing costs.</p>		<p>Through planning ahead and working with SLT, Key indicator 2 can be managed using current school resources.</p> <p>Parental/governor views – ask selected groups to complete a questionnaire on their views on the school PE offer. Ask to provide feedback on positives and also how they feel it can be improved.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				11%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Ensure all staff are updated on PE curriculum and have the knowledge and confidence to provide high quality PE lessons.</p> <p>Monitor high quality of PE lessons to ensure all pupils are actively engaged, enjoying and progressing within their PE lessons. Staff strengths and weaknesses to be assessed and addressed through additional support and training. Any pupils assessed to be struggling/LA will have the opportunity to attend an after school club in order to boost FMS, led by professional sports coaches – See key indicator 1.</p>	<p>Staff to attend Lancashire courses for both KS1 and 2 – these will be based on staff experience, needs and questionnaire feedback.</p> <p>Dance CPD – Dance – timetabled and slots to be allocated based on questionnaire feedback and needs of individual staff.</p> <p>Inset/twilight CPD sessions – based on questionnaire feedback and needs of most staff – based around differentiation and assessment – building on new Lancashire planning app training.</p> <p>PE lead to attend PESSPA meetings/training and feedback during staff meetings.</p>	<p>£1000</p> <p>£700</p> <p>£1000</p> <p>£500 for any additional staffing/cover.</p>		<p>Continue to attend LCC and Preston School council training courses/PE updates. Share knowledge of PE curriculum updates through staff meetings.</p> <p>Lesson observations to assess strengths and areas for growth – observation timetable to be discussed with SLT.</p> <p>Implement Lancashire assessment application to continue to track and assess all children – LA children to continue to access ‘golden ticket clubs’.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				27%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Children have the opportunity to experience a broad curriculum and access to extra-curricular activities.</p> <p>Children of all abilities to be signposted to external clubs and club links to be promoted on the school newsletter, ensuring all children have the knowledge of how to access sports in the wider community.</p> <p>As key indicator 1 – extra-curricular - Golden Ticket club will be made available to LA children to boost FMS skills and enjoyment in sport. Encouraging those who attend to participate in extra-curricular activities in the future.</p> <p>As key indicator 5 – Intra and inter school sports, offering a wide range of differentiated sports for the children to access.</p>	<p>Invest in new Lancashire scheme of work – invested in Year 1, continue with Lancashire SOW in year 2 – approx. price £300.</p> <p>An inclusive and extensive extra-curricular offer utilising members of staff and a number of external agencies.</p> <p>Entering a wide variety of Preston School Sports competitions for all abilities.</p> <p>Cluster competitions/inclusive events, offering a broad range of competitive sports/activities.</p> <p>Friendlies games with other schools to ensure as many children as possible are able to represent the school in their chosen sport.</p> <p>Through the new Lancashire tracker, we will be able to monitor a range of social groups attending extra-curricular clubs/representing school/etc and adapt our curriculum/offer as and when needed.</p> <p>Promote club links through the school newsletter and PE blog.</p>	<p>£300</p> <p>n/a</p> <p>See additional staffing costs in key indicator 1</p>		<p>Continue to work with the Preston School Sports Partnership to offer our children a wide variety of competitive and inclusive sports and activities for all.</p> <p>Continue to build and develop relationships with cluster and local schools in order to for all our children to have the opportunity to represent the school in a sport of their choice.</p> <p>Invite local clubs into school for taster sessions/create links.</p> <p>Continue to work with a number of external agencies(Judo Education, Myerscough FC, etc) and find new quality agencies in order to provide specialist coaching for a broad variety of sports activities.</p>

<p>Sports Week: Whole school sports, growth mind-set and mental wellness activities. Using professional agencies, children to have the opportunity to access a wide range of activities throughout the year in order. The aim is to promote mental wellbeing and reducing the risk of potential mental health issues arising due to the recent pandemic.</p>	<p>Liaise with Borricks Hall staff, PNE and other agencies to timetable events. Communicate to staff through staff meetings and promote through PE blog.</p>	<p>£2500</p>		
<p>Mini bus to transport children to and from sporting competitions and events. This will be an alternative to paying for taxis, which we have found to be a costly process.</p>	<p>Liaise with the Parish in order to contribute to and source a newer mini bus. School staff to be sent on minibus training courses to be fully qualified to drive/transport children.</p>	<p>£5000</p>		

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				2%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>To ensure all pupils have the opportunity to represent school in a chosen sport/activity, no matter of ability, during their time at St Clare's – focusing on developing girls participation %.</p>	<p>Entering a number of Preston School Partnership leagues – this year increasing the number of girl focused leagues – ie: football and netball – liaise with HT and staff regarding team leadership.</p> <p>Entering a number of School Games and Preston School Partnership events.</p> <p>Organising a number of cluster events/competitions.</p> <p>Ensuring there are competitive opportunities within the PE scheme of work – team, individual and also against themselves – ie: can I beat my own score of...</p>	<p>£500 additional staffing costs.</p>	<p>KS2 teachers to ask each class for % of girls who have represented school in the past 2 years (2 years, as covid-19 restricted participation % during 2019/20).</p>	<p>Continue to work with the Preston School Sports Partnership to offer our children a wide variety of competitive sports – leagues and competitions.</p> <p>Continue to build and develop relationships with cluster schools in order to offer our children inclusive and competitive sports activities.</p> <p>Continue to review the PE curriculum to ensure we offer opportunities for personal and group competitions during PE sessions.</p>
<p>Children to take part in a number of intra sports competitions, with results going towards whole school house points tally. They will have the opportunity to access and try a variety of sport differentiated at an appropriate level. Promote through PE blog.</p>	<p>As key indicator 3 – Intra school sports calendar to ensure all children have to opportunity to experience competitive sports during their time at St Clares.</p> <p>SC to develop intra school sports competition timetable and promote home challenges to encourage children of all ages – communicate to staff in staff meetings and PE blog.</p>	<p>n/a</p>		

